

#### A) Person-centred outcomes (continued)

Our communities are key stakeholders and together we recognise that communities themselves have the potential to improve health outcomes and reduce health inequalities through their assets such as skills and knowledge, social networks and community organisations. This approach lies at the heart of the newly commissioned Asset Based Wellbeing programme to be delivered in partnership between the VCS and ESCC.

By using population health management approaches to target and predict those in need we will ensure that preventative actions reach the children, young people and adults who could benefit the most. That applies whether interventions are delivered by the community, through the newly emerging primary care networks and integrated community health and social care services, or work with civic and community partners outside the immediate health and social care system and by making sure services are accessible to all. Our approach to prevention is to embed it in all workstreams within the East Sussex plan.

Health and care partners want to promote, maintain and enhance people's wellbeing and independence in their communities so they are healthier, more resilient and less likely to need formal health and social care services. We call this early intervention and prevention.

The outcomes we are looking to achieve for our population are:

- Improve population health and wellbeing
- Enable good communication and access to information for local people
- Demonstrate financial and system sustainability
- Provide safe, effective and high quality care and support

In order to do this, we will be seeking to continue our work with partners to commission and support preventative interventions and services that:

- Use community centred and asset based approaches that involve and empower individuals, schools and local communities to actively participate and take action on improving community health and wellbeing, providing appropriate help for mental or physical health problems at the earliest point and reducing health inequalities;
- Provide holistic integrated services based around the needs of children, young people and adults with disabilities enabling local solutions to our residents' needs;
- Encourage people to take a more active role in maintaining and improving their own health, and support families and communities to stay as healthy and independent as possible;

- Support adults reaching, or at, a point of crisis by providing short-term outcomes-based support that enables them to regain their independence after the crisis has passed and continue living independently without ongoing formal health and social care services;
- Enable people with long term conditions and support needs to maximise their independence through support from family and friends and holistic community based services, and reduce their reliance on formal health and social care services.

### C) System level alignment (continued)

- A comprehensive approach to prevention and reducing health inequalities that cuts across our key clinical priorities and care pathways, from supporting healthy lifestyles and greater levels of self-management and shared decision-making, through to early intervention and proactive care.

Our BCF plan will contribute to priorities set out in our East Sussex Plan. The emphasis in our East Sussex Plan will be on the transformation priorities we need to deliver jointly as a health and social care system to meet the future health and care needs of our population. This will deliver a “new service model for the 21st century” grounded in the needs of our local population, through programmes of change in the following areas:

- Prevention and reducing health inequalities
- Community
- Urgent care
- Planned care
- Mental Health

The Plan will also describe the implications for workforce planning, IT and digital and estates.

Our local plan will form the platform for taking forward developing our local Integrated Care Partnership arrangements, as part of the wider development of the Sussex STP Integrated Care System. In summary our joint East Sussex health and care plan will:

1. Address the NHS LTP commitments by ensuring there is a clear East Sussex plan for our place that also contributes to the Sussex Health and Care Strategic Plan;
2. Cover a five year period from 2019/20 until 2023/24, taking fully into account the progress made to date and the priorities we have agreed, which are also consistent with the NHS LTP;
3. Understand the financial model that will underpin this;
4. Focus on the needs of the whole population of East Sussex across physical and mental health, and health and social care services for children and adults from improving health and prevention through to primary and secondary care;
5. Set out the priorities in East Sussex for transformation and integration needed to meet the health and care needs of our population and reduce health inequalities, and deliver outcomes on a sustainable basis;
6. Provide the basis for agreeing our ICP and working with our Primary Care Networks and the development of our Sussex Health and Care Partnership's Integrated Care System as well as agreeing how integrated population health and social care commissioning will take shape in East Sussex, and;
7. Building on the comprehensive approaches to engagement undertaken to date, create a framework of continuous engagement to underpin our plan.

## Governance

The BCF plan will be operationalised through our system-wide Chief Finance Officers Group (the CFO Group), who are responsible for plans to ensure our financial position is understood across our health and social care system and acted upon.

The CFO Group reports to our new Health and Social Care System Partnership Board, a group of executive directors and senior managers from across our system, including statutory CCG and Local Authority health and social care commissioners and providers, NHS acute, community and mental health providers, Primary Care Networks, Public Health, District and Borough Councils, Healthwatch and the Voluntary and Community Sector, who are responsible for aligning plans and overseeing delivery of the East Sussex Plan on behalf of the Health and Wellbeing Board, including the wider determinants of health. The System Partnership Board will also oversee development and implementation of our East Sussex ICP proposals as part of our Sussex ICS.